



# SINGLE-USE OR REUSE?

PRIORITIZING PATIENT SAFETY  
AND COMFORT

## A Tale of Evidence: Why Single-Use Dialyzers are the Safer Choice

The debate around single-use versus reuse dialyzers often boils down to one question: what's safest for patients? A revealing study from the late 1980s sheds light on the risks of reuse and why it may not be the right choice.

For Nipro, the answer is clear—single-use dialyzers are all about putting patients first and helping them Live Longer. Live Better. By championing single-use solutions, we aim to provide not just better healthcare outcomes but also a higher quality of life for patients worldwide. Here's why this choice matters.

## Evidence at a Glance

The study<sup>1</sup> followed 1,491 chronic hemodialysis patients in the U.S. between 1986 and 1987. It revealed troubling statistics.

### Death Rate:

- Reuse: 1,241 deaths **(25% higher risk)**.
- Single-Use: 250 deaths.

### Hospitalization Risk:

- Reuse: **37% higher risk**.
- Abandoning reuse methods, such as those involving peracetic acid, was directly associated with improved survival rates.

<sup>1</sup>Patients were followed up from the onset of ESRD until death or June 30, 1991.

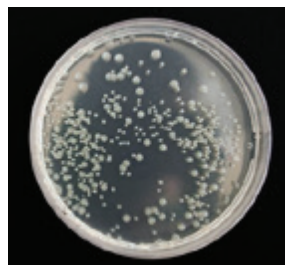
## But what's behind these numbers? Let's delve deeper into the challenges of reusing dialyzers.

### The Hidden Dangers of Reuse

While reusing dialyzers might seem cost-effective, the risks tell a different story:

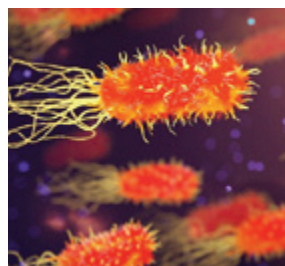
#### Bacteria Contamination:

- During reprocessing, harmful bacteria and endotoxins can infiltrate the dialyzer and remain trapped<sup>2</sup>.
- Bacteria from reprocessing water can multiply and cause life-threatening bloodstream infections like sepsis<sup>2</sup>.



#### Chemical Risks:

- Residual cleaning agents, even in tiny amounts, can have severe effects, including burning sensations, blurred vision, or worse—death<sup>2</sup>.
- Endotoxins, which cleaning agents cannot kill, cling stubbornly to dialyzer components<sup>2</sup>.



#### O-ring Flaw:

- Multiuse dialyzers with O-rings can harbor contaminants, leading to infections such as *S. maltophilia* and *C. parapsilosis*<sup>3</sup>.

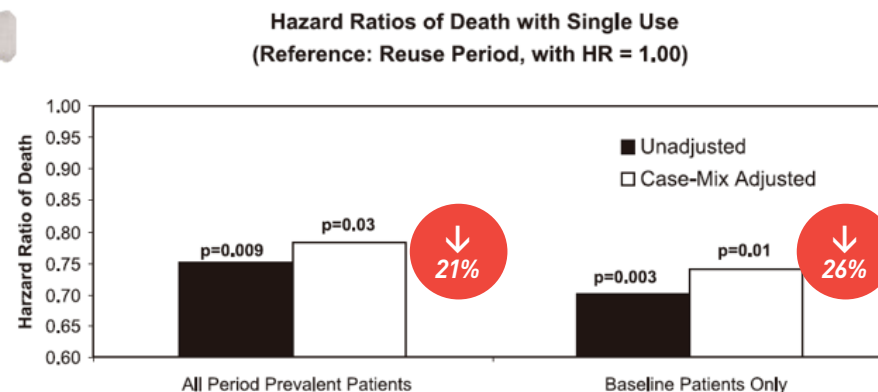


Figure 3. | Hazard risk for mortality comparing the 6-month periods of reuse (reference) with single use of dialyzers with and without adjustment for case mix (i.e., age, gender, race, diabetes, dialysis vintage, and vascular access type).

<sup>4</sup>Abandoning Peracetic Acid-Based Dialyzer Reuse Is Associated with Improved Survival

### The Case for Single-Use Dialyzers

The study<sup>1</sup> followed 1,491 chronic hemodialysis patients in the U.S. between 1986 and 1987. It revealed troubling statistics.

#### No Reprocessing Risks:

- Each dialyzer is new and free from residual bacteria, chemicals, or endotoxins.

#### Better Patient Outcomes:

- Studies consistently show lower mortality and hospitalization rates for patients using single-use dialyzers.

#### Comfort and Safety:

- Synthetic membranes in single-use dialyzers reduce the risk of first-use syndrome, ensuring a smoother dialysis experience.

#### References:

1. J Clin Epidemiol Vol. 52, No. 3, pp. 209-217, 1999
2. John Dahlin, et al. Second Edition Core Curriculum for the Dialysis Technician P.14
3. Infection Control & Hospital Epidemiology, Volume 35, Issue 1, January 2014, pp. 89 - 91
4. Clin J Am Soc Nephrol. 2011 Feb;6(2):297-302

## Our Commitment

At Nipro, patient safety is not just a priority—it's our purpose. By advocating for single-use dialyzers, we reaffirm our commitment to advancing healthcare with solutions that empower people to truly **Live Longer. Live Better.** Together, we can make dialysis safer, more effective, and more comforting for everyone who depends on it.

